

## OUR VISION

To be the Premier Educator for Service Excellence

## OUR MISSION

To inspire Passion for Service and Contribution to Society through Excellence in Continuous Education

## OUR VALUES

Responsibility, Integrity, Passion and Excellence (RIPE)

## OUR CULTURE

An Open and Conducive Learning Environment, With Mutual Respect and Professionalism to Build A High Performance Organization



**CSM ACADEMY**  
INTERNATIONAL

## COURSE MODULES & SYNOPSIS

### LEARNING AND TEACHING FOR PRACTICE

This module aims to enable students to explore the underpinning evidence for learning and teaching in practice and apply this to their own clinical setting. This module is in part informed by the professional and regulatory frameworks for Singapore, such as the Singapore Nursing Board Standards for clinical Education and Standards for Advance Practice Nurse Clinical Education to support and facilitate learning, teaching and evaluation of healthcare professionals in clinical practice, within different settings. The module will also allow students to recognise and exercise their own accountability in assessing performance of 'future ready' nurses.

### QUALITY IMPROVEMENT AND PATIENT SAFETY

This module aims to enhance knowledge and understanding of quality improvement and patient safety in healthcare. Students will reflect upon their own experiences of quality improvement in the context of their nursing practice and consider how they impact on patient safety. Students will also be encouraged to think about areas of their clinical practice where improvements can be made. In doing so, they will learn, in greater detail about the range of currently established quality improvement methodologies and the context in which they are used. They will identify strengths and limitations of each methodology and the potential impact of these.

### LEADERSHIP IN PRACTICE

This module aims to enable students to explore leadership theories and styles, and develop leadership skills, through critical reflection on theory and practice. Students will explore various leadership theories and styles as they relate to their area of practice. They will develop an understanding of the impact of organisational structure and culture on approaches to leadership and consider these in the context of their own clinical setting. Students will also focus on the administrative, conceptual and interpersonal skills required for effective leadership, using this approach to identify their own leadership needs.

### CONTEMPORARY PRACTICE IN PALLIATIVE CARE

This module aims to enhance the students' knowledge of societal, national, cultural and professional attitudes to death and dying; and to equip students with the skills that will enable them to provide a person centred approach to palliative and end of life care for patients within any care setting. The module will explore how early identification of palliative care needs can ensure a holistic person centred care across hospital and community settings. Students will examine strategies to help identify those who require, or would benefit from a palliative approach to their care. Additionally, students will participate and reflect on conversations about death and dying and learn to recognise who this may impact on patients and their families. This module will also explore advance care planning and its necessity for a person centred approach to palliative and end of life care.

### UNDERSTANDING RESEARCH AND STATISTICS

This module aims to enable students to develop an understanding of evidence based practice, qualitative research approaches, quantitative research methods and statistics to address health priorities in Singapore. Students will develop further understanding the way in which research is undertaken, how it is quality assessed, and how it is implemented as evidence-based practice. Consideration of the way that quantitative and qualitative research is designed will help students to see the link between the health priorities of Singapore and research. Research ethics and professional considerations will also form part of this module as the protection of people is a key aim in all nursing and healthcare research.

### HEALTH AND PHYSICAL ASSESSMENT

This module aims to equip students with knowledge and skills in health and physical assessment of the body systems in the deteriorating adult. This will include an holistic approach, incorporating a structured physical assessment of the unwell client, presenting acutely or with a long-term health condition and consideration of the mental health and wellbeing impact of this. Life expectancy in Singapore continues to rise with 13% of the resident population aged over 65. The increasing needs of the changing population can be offset by upskilling nurses in preparing them for the future needs of the healthcare population across a range of health settings.

### HEALTHCARE ETHICS AND LAW

This module aims to extend students' understanding of fundamental concepts in healthcare ethics, including how these are applied in practice. It will also support students to understand the legal implications of their professional practice. In order to assist graduate nurses to become proficient in ethical decision making within the multidisciplinary team, and working within a pluralistic health society, this module will provide essential tools to assist in making ethical and legal, clinical decisions. Registered nurses in Singapore are facing an increasing number of ethical dilemmas in clinical practice, due to the advances in healthcare science, and the multi-ethnic, multicultural, and multi-religious nature of society. This module also dovetails with other modules being offered as part of the BSc in Nursing and Health to students in Singapore. An example would be the Evidence-based practice modules as being key to ethical decision making.

### MANAGING THE COMPLEXITIES OF OLDER PEOPLE'S HEALTHCARE

This module aims to enable students to develop the necessary evidence-based knowledge, attitudes and skills to promote successful ageing and enhance the healthcare experiences of older people with complex and co-existing physical, mental health and/or social needs across the Singapore healthcare sector. To ensure that the needs of Singapore's older people are met in appropriate care settings, the module develops nurses' capacity to implement therapeutic interventions for older people across the healthcare sector landscape. The module is set in a context where globally people are living longer with an increased risk of developing co-existing conditions associated with ageing. Health care responses in Singapore relate to encouraging healthy ageing, enhancing geriatric capability in hospitals and community settings and develop services to support older people in their communities. This module is designed to enable students to develop their understanding and knowledge of optimum healthcare delivery for older people.



Bachelor of Science  
**Nursing & Health (Top Up)**

Accredited by Singapore Nursing Board

# BEHIND EVERY PATIENT

THERE IS SOMEONE WHO GO ABOVE AND BEYOND  
THE CALL OF DUTY IN PATIENT RECOVERY.



Cert No. : EDU-2-2105  
Validity: 31-08-2021 to 30-08-2025

ERF Registration No. 200505735M  
ERF Validity: 20/05/2018 - 19/5/2022

Awarded by:



**University  
of Dundee**

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# BSC NURSING AND HEALTH (TOP UP)

Post-registration degree for all Singapore Registered Nurses accredited by SNB

## INTRODUCTION

If you are a Registered Nurse or Midwife looking to extend your educational qualifications, this BSc Nursing & Health Degree will be sure to challenge you academically and provide you with a solid foundation in evidence-based practice. University of Dundee is an international leader in developing healthcare graduates who influence improvement in health outcomes through education and research. This post-registration degree will provide you with the knowledge and skills to make a difference, locally and globally.

University of Dundee is one of the top ranking Universities in UK whose curricula produce graduates with the knowledge, attributes and care skills that are valued by service users and health and social care providers, nationally and internationally. Curricular innovation ensures the currency and sustained impact of their courses in constantly changing care settings. This programme aligns with the global trends towards nursing as a graduate profession and prepares students who may wish to pursue advanced nursing roles, including undertaking postgraduate study. All lectures are taught by Dundee University faculty members from UK.



## ABOUT CSM ACADEMY

CSM Academy was established since 2005 as a Private Education Institute to deliver Service Management programmes with a major focus on healthcare services education. It delivers multi-level courses ranging from Certifications and Diplomas to Bachelor's and Master's Degrees. Other than healthcare, CSM Academy also provides educational courses across a wide range of other disciplines including Biomedical Research, Digital Media and Tourism & Hospitality.

To date, we have trained over thousands of staff from all hospitals and nursing homes in Singapore in the BSc Nursing, Certificate in Aged Care & Certificate in Therapy Services whereby we placed great emphasis on application of knowledge to the workplace and skills competency.

The BSc Nursing and Health programme is designed to provide students with an active learning experience at postregistration level. CSM has recently created an authentic learning environment within a nursing home facility using simulation ward. This is to enhance the student experience whereby they learn in a real-life healthcare environment with similar facilities to those in their clinical setting. This also enables the learning experience to be focused on the individual practice of the student and the local healthcare context, ensuring that learning is active, meaningful and relevant.

## ABOUT UNIVERSITY OF DUNDEE

The University of Dundee is an established university with a progressive and dynamic outlook. Their international reputation attracts top-class students and academics from across the world, with well over 100 countries represented in the University community.

### Some of its more notable accolades include:

1. Ranked 1st in Scotland, 3rd in the UK, and 14th globally for overall average student satisfaction in the International Student Barometer (ISB) 2017.
2. Top 51-100 in the world for Nursing 2018 (QS World University Ranking).
3. Ranked as one of the top 200 universities in the world (Times Higher Education World University Rankings 2018).
4. One of the UK's top 25 in The Times & Sunday Times Good University Guide 2018.
5. Ranked 24th in the UK and 3rd in Scotland in the Guardian University Guide 2018.
6. Ranked 9th in the UK for student experience in the National Student Survey 2017.
7. Sit in the top 30 in the UK in the Complete University Guide 2018, and are the fastest rising University in the UK.
8. Awarded a Gold award (the highest possible rating) in the 2017 Teaching Excellence Framework (TEF).
9. Ranked in the top 50 for the world's best 200 Universities that are aged 50 years or under in the Times Higher Education Young University Rankings 2017. For the 2nd year running, it is 16th in the global table.
10. Ranked among the top 25 most innovative Universities in Europe in the Reuters' Europe's Most Innovative Universities 2017.

## PROGRAMME OBJECTIVES

This programme aims to facilitate the development of lifelong learning skills (such as critical reflection, critical thinking, problem solving and the use of evidence-based practice) to enhance your professional and academic skills.

The programme also aims to facilitate the development of practitioners for practice in a culturally diverse, contemporary health service and to contextualise health care within current global, socio-economic and demographic drivers and health care policy.

You will be energised to develop an in-depth knowledge and understanding of topics relating to your professional practice. Successful completion of this programme will equip you with the academic skills, attitudes and values required to progress to higher levels of study as well as enhancing the quality of your professional practice, giving you the extra edge.

## COURSE DURATION

The part-time degree course for registered nurses consists of eight nursing units and will be conducted at the University's Singapore partner facilities at CSM Academy.

Part-time: Minimum 24 months.

## COURSE COMMENCEMENT

January, May and September

- A minimum of 50 students for the commencement of the class
- Students will be informed 2 weeks before the commencement of the class.

## DELIVERY MODE

100% of lecturers are from University of Dundee. Lecturers fly into Singapore at the beginning of the semester for intensive face-to-face lectures up to mid-semester. This is augmented by online learning to provide a holistic blended learning mode. There are also local Singapore tutors to assist with understanding the local context.

## COURSE STRUCTURE

There are total of 8 modules.

## ASSESSMENT METHODOLOGY

Students' learning is assessed from a theoretical and clinical practice perspective. Theory is assessed through problem-based learning via essays, case studies, group work, student presentations with the module "Understanding Research and Statistics" having an online examination.

## GRADUATION REQUIREMENTS AND AWARDS

To graduate, a student must complete and pass all 8 modules.

## CAREER OPPORTUNITIES

Graduates have enhanced career opportunities in a wide variety of health care organisation settings. The foundation of the program spans professional nursing issues, such as ethics, law, quality improvement, personnel and budget management, performance management, strategic and operational business planning, principles of research methodology, written communications, nursing science, health assessment, nursing theories and self development accountability.

## COURSE DEVELOPER AND AWARDDING BODY

University of Dundee, UK.

## ENTRY REQUIREMENT

This degree programme is designed for registered nurses (local/foreign) who have obtained the following:

- Diploma in Nursing
- Singapore registered nurse status And is currently in nursing practice.

For students whose first language is not English:

- IELTS score of 6.5 with no lower than 6.0 in any category (or equivalent test).

## FEES

**Application Fee (Non-Refundable and nontransferrable):**

**For local students:** S\$300.00 (before GST)  
Singaporean, Singapore PR, EP, SP, WP, DP holders are considered as local students.

**Course Fee:**

S\$2,650 per module (before GST)  
S\$21,200 for 8 Modules (before GST)

**Insurance Fees:**

Fee Protection Scheme\*\*\* :  
Subject to prevailing market rate  
Medical Insurance Fee\*\*\*:  
Subject to prevailing market rate  
\*\*\*The Fee Protection Scheme (FPS) serves to protect students' paid fees.  
\*\*\*It is compulsory for all local and international students to purchase medical insurance which is valid throughout their course of studies with the CSM Academy International. Local students (Singaporeans, PRs & Non-student's Pass holders) may opt-out for this scheme.

Note:

- Payment of fees is in Singapore Dollars.
- Payment method only by Cheque/ Nets/ Telegraphic Transfer/ online payment.

**Miscellaneous Fees:**

Please ask for a copy from our Programme Executives.

## HOW TO APPLY

Please contact us on how to guide you for the online application via MyCSM portal (<https://portal.csmacademy.org>). Following documents are to be submitted:

- Passport / Birth Certificate / NRIC
- Certificate of Registration issued by SNB
- Current Practising Certificate Card issued by SNB
- Diploma in Nursing, Certificate & Transcript
- Advanced Diploma in Nursing, Certificate and Transcript (where applicable)
- English Language Competency Certificates
- Digital Passport-sized Photograph
- Application Fee

Please bring along all original documents.