

## OUR VISION

To be the Premier Educator for Service Excellence

## OUR MISSION

To inspire Passion for Service and Contribution to Society through Excellence in Continuous Education

## OUR VALUES

Responsibility, Integrity, Passion and Excellence (RIPE)

## OUR CULTURE

An Open and Conducive Learning Environment, With Mutual Respect and Professionalism to Build A High Performance Organization

## COURSE MODULES & SYNOPSIS

### DEMENTIA AND THE ENVIRONMENT (A)

This module has been created in response to a rapidly growing interest in the social and physical environments inhabited by people with dementia and their significance for living well. Recent years have witnessed a dramatic restructuring of health and social care, including a steady shift away from institutional forms of care for people with dementia and towards greater levels of care provided in the person with dementia's own home. Such changes have important implications for anyone working in the field of dementia care. Topics for discussion in the module include ageing and the environment, the importance of place in person-centred care, architecture and design, home and housing, interior and exterior design and the role of outdoor space in supporting people living with dementia. We will also discuss assistive technology in dementia care and the ethical issues surrounding the use of technology.

### CRITICAL AND CREATIVE APPROACHES TO DEMENTIA (B)

This module provides a foundation for the course as a whole and has a focus on two interlocking themes. We begin by exploring different critical perspectives on dementia and their underlying theoretical context. We consider the different ways in which dementia has been understood and approached in fields such as medicine, psychology and the social sciences and examine the implications for dementia care policy and practice. Students are encouraged to make links to their own professional or caring situation and to consider how these different approaches to dementia might further inform their work and the relationships they develop with people living with dementia. In the second part of the module we turn to consider the role of creativity and the arts in dementia care. The aim here is to demonstrate and explore the diverse ways in which the arts have become embedded in dementia care and the opportunities they offer for supporting and working with people living with dementia.

### CRITICAL AND REFLECTING THINKING IN DEMENTIA STUDIES (C)

This module runs across the first year of the postgraduate programme in dementia studies. The aim is to introduce students to critical and reflective thinking in dementia studies. Students will be able to develop skills in critical reading and writing and enhance their ability to effectively synthesise, reference and cite literature. They will be encouraged to use these academic practice skills to reflect critically on creative approaches to dementia. The online learning community will for this module, as others, be a source for students to discuss ideas, draw on others' experience and reflect on their own academic practice.

### LIVING WITH DEMENTIA (D)

This module looks at the experiences of people with dementia, their carers and families, through the lifespan of the condition from diagnosis to end of life care and death. The module focuses on the lived experiences of people with dementia and draws on the increasing amount of research literature that engages directly with people with dementia and their carers. Through this module learners will also be encouraged to reflect on the policy frameworks shaping dementia care and how care is considered in relation to people with different types of dementia, such as people with learning disabilities and dementia, people with alcohol-related dementia and those with other specific conditions.

### ENHANCING DEMENTIA PRACTICE (E)

The module aims to contextualise current dementia practice and to unpack the underlying theories and mechanisms that support good practice in dementia care. The first half of the module considers the frameworks that influence practice, considering legislation and policy as well as ethical and practice guidelines. These sections look at legislative frameworks that govern how care and support are provided for people with dementia and their families in the UK and other countries, alongside global approaches to ethical practice encompassing human rights approaches and consideration of risk and advocacy. There follows a short reflection on the dementia workforce, considering who is taking care of people with dementia and what gaps and needs there are in their knowledge and skills. This is important context for the second half of the module which considers how practice is enhanced and developed through the acquisition and use of new knowledge and evidence and the subsequent sharing of this through transfer and learning. Towards the end of the module you will be encouraged to consider how you might support change in your organisation - through training and through the introduction of new approaches and ideas.

### UNDERSTANDING AND EVALUATING EVIDENCE IN DEMENTIA STUDIES (F)

The module provides students with skills and knowledge that will enable them to effectively evaluate a range of evidence from research and practice and to then utilise this evidence to build a strong knowledge base and improve practice within their workplace. The module focuses on four key themes: evaluating the research evidence; understanding statistical evidence; promoting participatory practice and research; and utilising skills in social media to develop practice and knowledge networks.

### RESEARCHING QUALITY OF LIFE AND DEMENTIA: APPROACHES AND METHODS (G)

This module focuses on the different methodologies and methods used to research quality of life with dementia. Broad methodological approaches to understanding and investigating the concept of quality of life are linked to wider theoretical frameworks for understanding dementia. The module explores how different ways of conceptualising quality of life with dementia impact on the particular ways in which social researchers design their methodological approach, choose particular methods and engage people with dementia.

### RESEARCHING DEMENTIA (H)

This module introduces students to the third year of postgraduate study and provides a foundation for conducting dementia care research. The module introduces theories related to dementia research methodology, methods and analysis, and discusses how such theory can be conceptualised within different models of dementia care research. Examining opportunities for research at different scales, and with reference to the roles of qualitative and quantitative research methodologies in dementia care research, this module will also encourage students to think about how research impact in dementia care can be planned for and achieved. The module overall will help prepare students for further masters level study.

### DEVELOPING A DEMENTIA RESEARCH PROPOSAL (I)

This module asks students to write a proposal for a research project in the field on dementia care. The module will guide students in identifying a suitable topic, developing research questions and adopting appropriate data collection and analysis methods. After completing the module, students will be further equipped with the research skills necessary to conduct research as part of their professional practice.

### YOU WILL BE CONFERRED BY UOS & BE AWARD FOR:

- 1 POSTGRADUATE CERTIFICATE IN DEMENTIA STUDIES: MODULES A TO C
- 2 POSTGRADUATE DIPLOMA IN DEMENTIA STUDIES: MODULES A TO F
- 3 MASTER OF SCIENCE IN DEMENTIA STUDIES: MODULES A TO I

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Updated on 7 September 2021



MASTERS OF SCIENCE /  
POSTGRADUATE DIPLOMA /  
POSTGRADUATE CERTIFICATE IN:

## DEMENTIA STUDIES

## SUPPORTING CARE

THAT ENABLES INDIVIDUALS AND FAMILIES TO  
LIVE WELL WITH DEMENTIA.



Cert No. : EDU-2-2105  
Validity: 31-08-2021 to 30-08-2025

ERF Registration No. 200505735M  
ERF Validity: 20/05/2018 - 19/5/2022

Awarded by: **UNIVERSITY of STIRLING** 

[www.csmacademy.edu.sg](http://www.csmacademy.edu.sg)

## ABOUT CSM ACADEMY

CSM Academy was established since 2005 as a Private Education Institute to deliver Service Management programmes with a major focus on healthcare services education. It delivers multi-level courses ranging from Certifications and Diplomas to Bachelor's and Master's Degrees. Other than healthcare, CSM Academy also provides educational courses across a wide range of another disciplines including Biomedical Research, Digital Media and Tourism & Hospitality.

To date, we have trained over thousands of staff from all hospitals and nursing homes in Singapore in the BSc Nursing, Certificate in Aged Care & Certificate in Therapy Services whereby we placed great emphasis on application of knowledge to the workplace and skills competency.



## MASTER OF SCIENCE / POSTGRADUATE DIPLOMA / POSTGRADUATE CERTIFICATE IN DEMENTIA STUDIES

### WHY CHOOSE DEMENTIA STUDIES?

The social and economic impact of dementia in Singapore and throughout the world is increasing year-on-year with our aging population. Dementia and its accompanying woes cost Singapore \$1.4 billion every year, making it among the biggest drains on the healthcare system here. This alarming figure, uncovered for the first time by local and international researchers, underscores the need to prevent the debilitating disease from taking hold in greying Singapore. (Straits Times, May 2, 2016) Therefore, there are increasing research and employment opportunities in dementia care.

This course will enhance your employability within the broad field of dementia care enabling you to move to more specialised and promoted posts within health and social care settings.

Also, this course encourages collaborative, interdisciplinary, critical and reflective learning and seeks to produce leaders of change in the dementia field.

For professionals already working in the field and carers/volunteers who are supporting people with dementia care, this innovative course has been developed to provide you with an in-depth, research-based knowledge of dementia and approaches to dementia care. It will impart the transferable skills that enable you to impart your knowledge to colleagues and other students, transfer awareness, implement action in the community and provide training to family members and carers.

## ABOUT UNIVERSITY OF STIRLING

Established in 1967, the University of Stirling is recognised across the globe for excellence in teaching, research and offering a world-class student experience. Its postgraduate dementia studies programme was first offered in 1999 and was the first of its kind internationally. As the longest running provider of dementia studies education, it has an international reputation for quality teaching and an international, multidisciplinary community of students and academics committed to improving dementia practice.

### Accolades of the University of Stirling:

1. Ranked 47th in the Times University Guide 2020
2. Won the Queen's Anniversary Prize for Higher and Further Education in 2019
3. Awarded 5 stars in areas of teaching, employability, internationalisation, facilities and inclusiveness (The QS World University Rankings)
4. 100% of Psychology Impact case studies classed as World-leading (Research Excellence Framework, 2014)

### YOU SHOULD CHOOSE THIS COURSE

1. University of Stirling is the longest running provider of postgraduate qualifications in Dementia where you will be taught by an experienced group of world-leading academics, with strong and established research records, real sector experience and a wealth of world-class publications who will support you both personally and academically.
2. Via the online learning platform, you will join an international, multi-disciplinary community of students and academics passionate about positive changes in dementia and practice.
3. This delivery in Singapore provides additional facilities for your reflective studies in a private nursing home that is purpose built to be dementia friendly, the staff are dementia trained and has a rehabilitation department that contributes largely to the activities for the elderly to slow down the progression of dementia.
4. As the course is offered part-time via blended learning, you can take this course concurrently with your existing work and personal commitments.
5. University of Stirling is home to the internationally renowned Dementia Services Development Centre which shares contemporary ideas and practice with governments and other academic institutions.

## COURSE OBJECTIVES

The course has been developed to provide you with an in-depth, research-based knowledge of dementia. This includes theory, innovative and best practice, policy drivers and initiatives, and a grounding in academic and research skills. You will:

- develop an advanced understanding of multidisciplinary perspectives about dementia and approaches to dementia care
- address critical issues in dementia care and service delivery
- encourage improved collaboration across areas of care
- compare and contrast national and international research
- identify and debate current practice developments
- develop critical thinking to promote reflective practice
- develop knowledge and skills of social research processes

## COURSE DURATION

Master of Science in Dementia Studies (MSc) : 36 months  
Postgraduate Diploma in Dementia Studies (PG Dip) : 24 months  
Postgraduate Certificate in Dementia Studies (PG Cert) : 12 months

The MSc course duration is 36 months comprising 9 modules whereby you can exit the programme after 3 modules and be awarded with a PG Cert or exit the programme after 6 modules and be awarded a PG Dip. Alternatively, you can sign up just for the PG Cert comprising 3 modules and be awarded with a PG Cert and re-register for a PG Dip to do an additional 3 modules to be awarded a PG Dip.

## COURSE COMMENCEMENT

- September every year
- A minimum of 20 students for the commencement of the class
  - Students will be informed 2 weeks before the commencement of the class

## DELIVERY MODE

University of Stirling Lecturers will fly into Singapore to provide face to face intensive lectures at the beginning of each level of studies. This will be augmented by reflective practices in an authentic learning environment at the Charis Manor, a dementia friendly Nursing Home, as well as online learning on University of Stirling's established e-learning platform.

## COURSE STRUCTURE

MSc in Dementia Studies: 9 modules  
PG Dip in Dementia Studies: 6 modules out of the 9 modules in the MSc  
PG Cert in Dementia Studies: 3 modules out of the 9 modules in the MSc

## ASSESSMENT METHODOLOGY

There are no examinations, all modules are graded through a range of assessments such as essays, evaluation reports, research proposals and literature work.

## GRADUATION REQUIREMENTS AND AWARDS

- To graduate, a student must complete and pass:
- 9 modules for MSc
  - 6 modules for PGDip
  - 3 modules for PGCert

## CAREER OPPORTUNITIES

This course will enhance your employability within the broad field of dementia care enabling you to move to more specialised and promoted posts within health and social care settings.

For professionals already working in the field and carers/volunteers who are supporting people with dementia care, this innovative course has been developed to provide you with an in-depth, research-based knowledge of dementia and approaches to dementia care. It will impart the transferable skills that enable you to impart your knowledge to colleagues and other students, transfer awareness, implement action in the community and provide training to family members and carers.

## COURSE DEVELOPER AND AWARDDING BODY

University of Stirling, UK.

## ENTRY REQUIREMENT

A minimum of a Bachelor's degree or equivalent, preferably in a relevant subject

Applicants without formal qualifications but with significant appropriate relevant work/life experience are encouraged to apply.

For students whose first language is not English, a minimum IELTS score of 6.5 (6.0 in speaking and listening, 6.5 in reading and writing) or equivalence is required.

## FEES

**Application Fee (Non-Refundable and non-transferrable):**  
**For local students:** S\$300.00  
(For Singaporeans / PRs / Foreigners with valid passes)

**For International students:** S\$600.00  
(For student pass holder)  
Above fees are before GST

**Course Fee:**  
**For local students:**  
S\$2,850 per module  
PG Cert S\$8,550  
PG Dip S\$17,100  
MSc S\$25,650  
\*Above fees are before GST

**For International students:**  
S\$3,500 per module  
PG Cert S\$10,500  
PG Dip S\$21,000  
MSc S\$31,500  
\*Above fees are before GST

**Insurance Fees:**  
Fee Protection Scheme\*\*\* :  
Subject to prevailing market rate  
Medical Insurance Fee\*\*\*:  
Subject to prevailing market rate  
\*\*\*The Fee Protection Scheme (FPS) serves to protect students' paid fees.  
\*\*\*It is compulsory for all local and international students to purchase medical insurance which is valid throughout their course of studies with the CSM Academy International. Local students (Singaporeans, PRs & Non-student's Pass holders) may opt-out for this scheme.

Note:  
• Payment of fees is in Singapore Dollars.  
• Payment method only by Cheque/ Nets/ Telegraphic Transfer/ online payment.

**Miscellaneous Fees:**  
Please ask for a copy from our Programme Executives.

## HOW TO APPLY

Please contact us on how to guide you for the online application via MyCSM portal (<https://portal.csmacademy.org>). Following documents are to be submitted:  
• Passport / Birth Certificate / NRIC  
• Parchment and transcripts of your Bachelor's Degree  
• English Language Competency Certificates  
• Digital Passport-sized Photograph  
• Application Fee

Please bring along all original documents.